

To My Dear Spirit Family,

I am delaying Part II of the Sacred Sexuality series this month because I was inspired by the “air crew” to share something rather important before year’s end. What follows can be of inestimable value, so if you only have time to take a quick glance without dropping into the heart first, I suggest you print this communiqué and read it when you can completely engage from the real.

Dear ones, you are in the spin zone; the centrifuge that forcefully hurls everything that is not your true identity to the edge of your field. When these issues, or energy forms, hit the edge of the field, they seem overwhelmingly large. Then, when filtered through the little mind’s perception in duality, you begin to feel a frantic need to resolve or process these old patterns. You are often confused for you feel as if you had already learned the lessons affiliated with the particular energy form in front of you.

Many have expressed a quiet terror or prolonged angst as their ego intersects the field of time that is collapsing upon itself. As the speed of time increases, you may feel you have no breathing room between the relentless series of crises that arise, calling for resolution. Because of magnetic attraction, the emotional body re-engages with these forms with instant discomfort, and in fear, you begin to re-live the old pattern.

You forget to consciously choose to **be** and **create** from the heart field, and that choice sucks you back into duality consciousness again and again and again and again. You have the choice every now to choose the real. Every now, dear ones!

The good news is the only power these old forms have is the power you invest in them. This is not something to fear, for it is a gift of inestimable value.

The great eternal fiat is “**create**,” and everything you have created with every emotionally empowered thought in this schoolhouse of duality is still held in your field, in your cells, and in your very DNA. You cannot escape your creations---you can only **un-create** them.

As a sentient being of free will, you chose to send part of your multidimensional self into this experience of duality consciousness in third dimension. You did so to consciously separate yourself enough vibrationally

from Source and your Twin Flame so you could learn to become a sovereign creator; using the primal forces of creation in a responsible way that inures to the benefit of All That Is. (Though you cannot truly separate yourself, for you are an individualized, holographic expression of the Mother/Father God and only the thinnest membrane of consciousness stands between you and your true identity.)

Even though you carry primarily either the Divine Feminine or the Divine Masculine charge, you have been learning to balance both these forces and use them constructively in the process of creation. You have done so in the safe nursery of a time/space continuum in a field of contrasts that has provided a lag-time between the creation and its manifestation. But, as time collapses, the lag-time is greatly decreased.

The duality experience has provided a pathway of extreme contrasts which has allowed you the opportunity to gain wisdom from the embodied and en-conscioused experiences in this dimension. Through pre-incarnation contracts, you and your fellow play-actors have agreed to play roles of villains and heroes, victims and victimizers, sinners and saints. YES—you played all of them. Playing each of these roles allowed you to discover what you want to create. Much of your knowledge came by learning what you did not want to create. (Ah, the great value of the contrast!) But, dear ones, the play is over. You have acquired the necessary education and evolution to now take your scepter of sovereignty as a co-creator within and as God, individualized. So, let ego take a final bow for a job well-done and

ALLOW THE CURTAIN TO DROP!

When your soul hit a certain level of evolvement, the signal within the DNA to return to at-one-ment was activated. As you awaken from the dream, (the illusion of duality,) you know it is time to embody heaven on Earth from the Real. You've known about this for some time, but the lethargy of the sleep seduces you and you often make choices to engage in the old energy forms and literally re-create unnecessary drama and trauma in your life. So, we would like to remind you of a pathway to **un-create** those old energy forms so you can free yourself from the magnetic attraction that is holding you in bondage.

Although Grace is, because Love is, you, (and only you), are the one who accepts responsibility for your creations. Period. There is no one who will or can rescue you from them. In an omniverse whose fundamental law is that of

attraction, no matter where you run, your creations will always be with you. These energy forms have served their purpose and the charge associated with them is holding you in an energetic bondage that replays the old behaviors like an old worn out record.

Step up to the plate, dear ones, and be about the business of creating your new world without the magnetic weight and attraction of forms that no longer serve you. **The great gift of these energy forms being thrown visibly to the edge of your field is this:** Your awareness of them in your field provides the opportunity to dissolve and consume all cause, effect, record and memory of the form by literally recycling it back into its pure energy state: LOVE.

Love is all there is---is the only thing that is real. The mold into which this substance is poured (the thought or consciousness mold) is the only thing that determines the quality and vibration of the light contained within. Once recycled, it transmutes to its formless state of love in a sea of limitless potential which is available for you to utilize to create anew.

Many of you are already quite familiar with the Violet Consuming Flame, or the Law of Forgiveness. Still, few of you have given it much credence. It is not so different from your understanding of other seen and unseen rays. You have no doubt been exposed to an X-ray...and though you could not see it, you saw its effects. Your surgeons use laser technology based upon light refracting through a ruby (the red ray). The ultra-violet ray is utilized to destroy bacteria and viruses.

Today, we bring the Violet Consuming Ray to the forefront of your conscious mind again, for it is the swiftest means by which you may transmute these unnecessary energetic forms. When you find yourself faced with the highly tangible gift of these unwanted forms, embrace them with love and gratitude for the wisdom you gained from the experience. Then through your Mighty I Am Presence, call forth the Violet Consuming Flame from the Ascended Master's Octave and command the flame to blast up through your four lower bodies to dissolve and consume, eternally and victoriously, all cause, effect, record and memory of the discord that is in your field. Command the flame to dissolve this for every lifetime, past, present, and future, for every time/space continuum in which you have participated in the duality experience. Immediately replace that which has

been consumed with the dazzling golden white light of Divine Love, for the universe abhors a void!

Hold this consciousness and feel it, visualize it as best as possible (even visualizing the violet spectrum available to your eyesight will call forth the higher vibrations of violet – just the same as hitting a low “c” on your piano, will engage the vibration of the higher “c’s” by resonant attraction.) Consciously call forth this frequency for fifteen minutes, three times daily. Before your feet hit the ground, command, “I AM and have my world in the Violet Consuming Flame, drawn forth through my Mighty I AM Presence from the Ascended Master’s octave, which goes before me and annihilates, dissolves and consumes every discord in my pathway, of my own or another’s mis-creation. I AM instantly replacing all that is dissolved and consumed with divine harmony, peace and love.”

Invite the magnification of this flame through any of the angelic host, and through the Chohans of the 7th ray (St. Germain and his Twin Flame, Portia.) These beloved beings are anxious to assist, but will do so **only** by your invitation. They cannot do the work for you, but can magnify your efforts. There is no getting away from the fact that you must apply yourself deliberately with great intent!

YOU ARE THE SOVEREIGN CREATOR OF YOUR WORLD! YOU ARE THE ONLY ACTOR --- everyone and everything else in your experience has been there as a prop that has shown up as a mirror so you could see what you held as a core belief. In a magnetic universe, only that which your field contains can show up in your experience. Granted, you have often created by default by deferring to the collective mind of humanity, but only what **you believe at the core of your being shows up as the symbols in your world. BE RESPONSIBLE FOR YOUR CREATIONS – FOR YOU ARE CREATING THE NEW WORLD WITH EVERY EMOTIONALLY EMPOWERED THOUGHT, EVERY NOW MOMENT!**

Humanity is terrified of real knowing, for in remembering that they are holographic models of the Mother/Father God, they must accept full responsibility for their creations. They, having reached their spiritual maturity, can no longer place power outside of themselves. The education affords wisdom that places each being as a responsible, sovereign creator within the unity paradigm. Once you gain this understanding – there’s no reason to return to elementary school.

2007 draws to a close and you have each assimilated great quantities of light while multidimensional parts of yourself have been integrating into your four lower bodies. For many, it has been a tumultuous roller-coaster ride. But you have done well. 2008 will bring even more light, and the process will be much more joyful and peaceful if you will consciously apply this law of love and transmutation while you are transiting into the fifth dimension.

There is not love and something other than love.
There is not God and something other than God.
Only Love is Real!

You are held in the limitless ocean of love from which you sprang.

Angelina Heart

*Angelina Heart is the author of **The Teaching of Little Crow, The Journey of the Soul,**
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To learn more about Twin Flames and Angelina's other offerings, please visit <http://www.heartflamepublishing.com/>

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